



THE
NATURE
COACHING
ACADEMY

LIFE-CENTERED LEARNING

ECOSOMATIC COACHING TRAINING

AA. 2023-2024

www.ecosomatic-coaching.com

OUR PHILOSOPHY

We strongly believe that the spiritual, social and ecological crises we are experiencing are an aspect of a deeper individual and collective human crises, which is rooted in a disconnected way of living.

Disconnection within ourselves, disconnection from each other, disconnection from our planet.

Embodiment, contemplative practices and deep nature connection integrate a coaching approach to reconcile the radical disconnection that marks today's world.

This is the pathway where we welcome you to walk with us: a journey towards aliveness, response-ability, deep reconnection within the living systems we belong to, learning how to create conditions conducive to life, in ourselves and around us.

Ecosomatic intelligence:

when our somatic intelligence (embodied, organic knowledge) meets with the intelligence that belongs to Nature and living systems evolved through 3.8 billion years of natural evolution.

As professional coaches, we want to ignite this process of ecosomatic reintegration

to become better humans, make better choices, awaken a renewed sense of care and the capability to **care for ourselves, our communities, and the Earth.**





THE
**NATURE
COACHING
ACADEMY**

LIFE-CENTERED LEARNING

ABOUT US

The Nature Coaching Academy brings together a team of professional coaches dedicated to co-creating opportunities for learning and personal growth in connection with Nature: the one within us, and the one around us.

With a solid background and expertise in coaching in a variety of fields we offer high quality, engaging and experiential learning based on the 8 Core Coaching Competencies (defined by the International Coaching Federation), deep nature connection, somatic intelligence and contemplative practices.

OUR CREDO

- Life is simple – but our minds often over-complicate it. Connecting with our bodies and tuning into our *somatic intelligence* we reconnect with a natural inner compass and ethics.
- Nature has been evolving life since 3.8 billion years ago, she has strategies and solutions that we can adapt to our human challenges. The more we think, work and live like nature, the more resilient, creative and effective we are. By reconnecting to the *ecosystemic intelligence* of the living systems around us, we empower our natural genius and learn how to grow and enable change, in synergy with the force of life.
- Mindfulness, contemplative practices and nature-connectedness experiences have a growing body of evidence demonstrating the positive impact on our health and well-being, but also on our emotional regulation, long-term decision making, creativity and a holistic view of one's life. By integrating both in coaching sessions, we aim at **cultivating the coachee's and the coach's presence and deep listening**, enabling self-coaching and the emergence of innovative and creative ideas to face personal challenges.
- As coaches, we walk in the steps of Socrates: his maieutic (from ancient Greek "maieutikos", "midwifery") method was based on powerful questioning, inquiry and self-reflection, to help his students give birth to new ideas and conceptions previously latent in their minds.

THESE BELIEFS ARE THE FOUNDATION OF OUR ECOSOMATIC APPROACH TO COACHING.

MISSION

We feel a call to spread coaching conversations for personal, social and global change, co-creating a safe space to cultivate connection, meaning and collective evolution, in synergy with the inherent intelligence of all living beings and our planet.

Join us if you feel the same call to:

- Empower people in reconnecting with a natural ethics that we share with all living beings, by reconnecting body & Earth.
- Impact yourself and your communities in enabling a healthy, interconnected way of living, supporting the change we need to live graciously on this planet.
- Develop a coaching mindset supported by a full, embodied presence, deep listening, empathy, flow and trust in navigating the unknown.
- Conquer mastery in coaching skills, empowering your work with strong ethics and confidence, developing your unique coaching style, in synergy with body and nature.
- Cultivate self-coaching and self-discovery to expand your leadership and grow your impact in your relational ecosystems.
- Support the clients you want to serve in unfolding their fullest potential, in the direction that they desire for their growth.
- Join a community of like-minded coaches supporting each other in co-creating an inclusive, just and empowered world, for all forms of life on our planet, "which is ours, but not ours alone" (Janine Benyus).

WILL YOU JOIN US?

I CAN'T WAIT TO START THIS JOURNEY WITH YOU!



Diana Tedoldi

Founder of
The Nature Coaching Academy
Professional Certified Coach (PCC-ICF)
member of the International Coach Federation



WOULD YOU LIKE TO LEARN COACHING LIKE THIS?



GENERAL PROGRAM VISION AND GOALS

The Ecosomatic Coaching Training offers unique competencies in coaching, by integrating:

- **The Code of Ethics in Coaching and The 8 Core Coaching Competencies** as defined by the International Coaching Federation
- **The latest advances in scientific research for well-being and personal growth. Focused on contemplative practices, embodiment and nature connection.**

Our program is founded in evidence-based frameworks that complement the strong expertise of our trainers in coaching in a variety of contexts.

We want our coaches to become stewards of awareness and deep reconnection: within ourselves, within our social fields, and with our planet for a sustainable, just, inclusive, diverse, creative and regenerative future for all forms of life on our planet.

A UNIQUE COACHING PHILOSOPHY BASED ON:

- **Coaching outdoors, in synergy with nature: nature-connectedness, biophilia and ecopsychology** help us take full advantage of the benefits related to experiencing nature as co-coach during the session, taking coaching sessions outdoors with confidence.
- **Contemplative practices:** to harness the power of mindfulness, deep listening and presence.
- **Embodiment, somatic and ecosomatic intelligence:** we awaken and empower our coaches' ability to integrate our bodies and nature's wisdom, to access a natural inner compass and ethics. empower intuition, systemic thinking and holistic problem-solving, decision-making and change-enabling capabilities.
- **Maieutic dialogue and powerful questioning:** we work in the wake of the Socratic dialogue heritage to empower the coach's ability to work with silence, self-inquiry, deep listening and self-reflection.
- **Emotional intelligence and positive psychology:** a solid evidence-based approach to self-awareness, personal change and evolution.
- **Biomimicry and system thinking:** we enable our coaches in developing a systemic mindset and mimicking nature's holistic strategies for thriving.
- **Resilience, social impact and climate awareness:** a special focus throughout our modules is dedicated to giving our coaches foundational principles in addressing climate resilience, adaptation and ecological perspectives. We support their empowerment as change-makers in their communities and relational networks, to positively impact the future of life on Earth.

*Coaching can be a powerful force for good,
to let emerge a new, resilient, sustainable,
regenerative way to live on this planet.*

WE NEED TO BE TOGETHER IN THIS!

ECOSOMATIC COACHING TRAINING

LEARNING GOALS

By successfully completing the Ecosomatic coaching training you will:

- Develop the skills, mindset and confidence to practice as a professional coach, identifying your unique coaching style.
- Have a thorough understanding of The International Coaching Federation Core Coaching Competencies and Code of Ethics, and know how to apply them in coaching conversations.
- Integrate an ecosomatic approach to personal growth and transformation.
- Learn a collection of innovative practices to empower your work as a professional coach.
- Grow yourself as an embodied leader and a change enabler, integrating your organic intelligence with nature's genius to create the desired impact – in your life and in your social fields.
- Focus on mastery level skills from the beginning.
- Learn how to apply ecosomatic coaching to yourself, for self-discovery and personal evolution.
- Master effective communication around the benefits of mindfulness, nature-connection and an embodied approach to coaching and personal growth.

IN BRIEF

ACTIVE LEARNING

Our learning philosophy integrates teaching with practice from the start, to take maximum advantage from an experiential, hands-on approach based on the most advanced andragogy theories on adults' learning.

Coaching demos from your trainers, practice in pairs and triads, feedback from your trainer and classmates make up a powerful learning environment

Group mentoring and coaching demonstrations from your trainers.

Bottom-up and participatory learning approach.

HOLISTIC APPROACH

Personal growth is the foundation of the professional development as a coach.

TRAINERS

Experienced ICF PCC and MCC level trainers.

IN-PERSON AND ONLINE

The learning journey takes 4 full months to be completed, integrating

LANGUAGE

The course is held in English and in Italian.

PARTICIPANTS

Max. 14 participants per cohort.

THE COACHES' GARDEN

A beautiful online learning portal, with lifetime access to all training materials.

MENTORING

7 hours of group mentoring are included.

PAY WITH EASE

Installment plans and multiple payment types available.

[CLICK HERE TO ACCESS THE CALENDAR
OF THE NEXT EDITION OF THE COURSE](#)

A WORLDWIDE COMMUNITY

We're growing an International network of coaches and professionals in the field of personal growth through nature connection and mindfulness.

Join our community to get support, resources and support in your journey, in synergy with like-minded professionals.



WOULD YOU LIKE TO DO COACHING LIKE THIS?





LEARNING MODULES

The Ecosomatic Coaching Training includes 123 hours of blended learning* (including both synchronous *and asynchronous* learning).

The teaching methodology is based on action learning, where students are engaged in coaching practice, self-reflection, sharing and bottom-up recollective learning.

Case studies and coaching sessions demonstrations (either by students and trainers) with feedback and mentoring integrate lectures, for an active learning experience.

See below, in brackets, the ICF Core Competencies (CC) focused in each learning module (Ref: [The 8 Coaching Core Competencies - International Coaching Federation](#)) and also the Resource Development classes focused on tools and frameworks specific to our ecosomatic coaching model.

MODULE A: 78 HOURS OF SL* PLUS 45 HRS ASL* FOCUSED ON ECOSOMATIC COACHING FRAMEWORK, ICF COACHING ETHICS, ICF CORE COACHING COMPETENCIES (CC)

- | | |
|---|---|
| 1. The coach's self-awareness | 12. Emotional Intelligence for coaches |
| 2. Co-Creating the relationship | 13. The Coach's Relational Posture |
| 3. Coaching definitions: what coaching is and is not | 14. Change, Motivation, Habits |
| 4. The coaching mindset | 15. Biomimicry for coaches |
| 5. The coaching partnership: o facilitating the emergence of our clients' potential | 16. System thinking for coaches |
| 6. Coaching ethics | 17. Climate emotions, climate awareness and climate resilience for coaches |
| 7. The Coaching Journey | 18. Online and indoor ecosomatic coaching |
| 8. Ecosomatic coaching mindset and philosophy | 19. Mindfulness, contemplative practices and deep nature connection for coaches |
| 9. The 8 Core Coaching Competencies (ICF) | 20. Ecospsychology, genius loci and biophilia for coaches |
| 10. MARE and MONTI: goal setting and action planning inspired by the sea and the mountain | 21. Ecosomatic coaching: coaching with Body & Earth. Theory and practice of embodiment and nature-connected coaching. |
| 11. The 8 Natural Archetypes Compass | |

A TOTAL OF 123 HOURS BLENDED LEARNING INCLUDES:

- ◉ **7 hours SL* Group Mentoring:** supervised coaching practice, Q&A (during synchronous coaching training hours)
- ◉ **3 hours SL*** individual mentoring (scheduled in agreement with our mentors)
- ◉ **32 hours AL*** coaching gym (peer coaching), self-paced by the student
- ◉ **3 hours AL*** for the preparation of the final exam session (coaching session to be assessed by our evaluators), self-paced by the student.

Number of student contact hours (synchronous learning): 78

Number of student self-paced learning hours (asynchronous learning): 45

Total number of learning hours (blended learning): 123.

***BLENDED LEARNING** is a formal education program in which a student learns at least in part through online delivery of content and instruction with some element of student control over time, place, path or pace.

SYNCHRONOUS LEARNING (SL) refers to a learning environment in which everyone takes part at the same time. Lecture is an example of synchronous learning in a face-to-face environment, where learners and teachers are all in the same place at the same time (i.e., live interaction through any means, including lecture, telephone conference and webinar).

SYNCHRONOUS LEARNING (AL) is a student-centered teaching method that uses online learning resources to facilitate information sharing outside the constraints of time and place among a network of people (i.e., recorded content).

REF: <https://coachingfederation.org/abb/uploads/2017/12/BlendedLearning.pdf>

ECOSOMATIC COACHING TRAINING

LEARNING JOURNEY

WATCH THE INTRODUCTORY WEBINAR

Make sure you get a thorough understanding of our course and how it unfolds, by watching one of our free introductory webinars, that you can access in our website [HERE](#).

Q&A

If the introductory webinar does not answer all your questions and doubts, email us at welcome@naturecoaching.net.

Please only ask us questions that don't already have an answer in the webinar or in this booklet.

ENROLL

1. Read the Terms & Conditions that you find [HERE](#).
2. Book your free, mandatory pre-enrollment interview by emailing welcome@naturecoaching.net.
3. Pay the fee and send us proof of payment via email at welcome@naturecoaching.net.

UPON REGISTRATION

When you complete the enrollment process as indicated above, you receive immediate access to "The Coaches' Garden", our exclusive online learning portal, where you find your PRE-WORK assignment: an Ebook with self-reflection and mapping practices to start preparing for the start of the course.

HOW THE COURSE UNFOLDS

- ◉ **Expect to be a protagonist of the learning process:** in every module you'll be prompted to practice coaching with your classmates, receiving feedback and mentoring from your trainers. Our approach to teaching is HANDS-ON from the start!
- ◉ **During the first synchronous learning session you'll be paired with one of your classmates for 10 weekly coaching sessions** (1 hr/each + 30' feedback sharing) where you'll be the coach, and the other person will be the coachee. You'll need to complete the 10 sessions before the course ends.
- ◉ **Consider 4-6 hours every week to go through the learning process**, which includes reading and homework with practice and self-reflection.
- ◉ **We love participation and bottom-up learning building**, so expect a lot of plenary and small group conversation. Great chance to exit the comfort bubble and share your voice in a safe, respectful, trustful environment.

COURSE COMPLETION

To successfully complete your learning journey you need to:

- ◉ Attend at least 80% of synchronous learning hours
- ◉ Complete all the homework and assignments
- ◉ Successfully complete the exam questionnaire (at least 80% correct answers, multiple choice questionnaire)
- ◉ Demonstrate that you possess the ICF Core Competencies in your recorded coaching session for the final assessment. *In case your session does not qualify (you don't demonstrate at least 80% of ICF CC, based on our CC Assessment Form), you'll need to record and send us another session for evaluation, with a fee of 200€ (VAT included) for each submission.*

KEEP ON GROWING WITH OUR COMMUNITY

After successfully completing your learning journey, you'll be able to access:

- ◉ A professional branding masterclass to kick-start your coaching profession
- ◉ Communication materials to promote your work as Ecosomatic professional coach (branded business card, brochure, presentations)
- ◉ Continuous learning opportunities to keep your professional and personal evolution going
- ◉ Exclusive access to special events and discounts that we only offer to our coaches

CLICK HERE TO SEE DATES AND LOCATIONS OF THE NEXT EDITION OF THE COURSE

WHO ARE THESE COURSES FOR?

THE ECOSOMATIC COACHING TRAINING IS DEDICATED TO:

- ◉ **Aspiring coaches** who wish to acquire both the 8 Core coaching competences as defined by the [International Coach Federation](#) and the distinctive competences of an ecosomatic approach based on embodiment, contemplative practices and deep nature connection.
- ◉ **Professional coaches** who wish to expand their confidence in an embodied and nature-connected approach to coaching conversations, to expand the client's awareness in facing personal challenges, unveiling personal potential and rooting a caring, empathic, gentle, respectful and regenerative attitude towards self and nature.
- ◉ **Professionals in fields outside of the coaching perimeter**, wishing to integrate a coaching approach with their clients and patients.
- ◉ **Leaders and change-makers** wanting to include coaching skills in their work, with an accent on ecosomatic connection and impacting our systems' awareness.
- ◉ **Persons wanting to build a new career path from scratch**, to facilitate the personal, social and ecological growth of the people you want to serve, improve their well-being and help them honor and protect the life of the planet, in all its forms.

More generally, our programs are open to anyone wishing to deepen the regenerative, inspiring and transformative power of Nature-Connectedness and Embodied mindfulness in synergy with a coaching approach, to use it in their personal and professional life.

TRAINERS, COACHES, EDUCATORS, TEACHERS, SOCIAL WORKERS, THERAPISTS, PROFESSIONALS IN HOLISTIC DISCIPLINES OR OTHER PROFESSIONALS IN THE FIELD OF PERSONAL CARE AND HUMAN DEVELOPMENT ARE IDEAL RECIPIENTS OF THIS COURSE.

REQUIREMENTS STUDENTS MUST MEET TO ENROLL IN OUR TRAINING PROGRAM

- ◉ To enroll in our course you must be 18 years old or older.
- ◉ No other pre-requisite is mandatory.
- ◉ If you're unsure whether this course is for you or not, we suggest that you read the FAQ in the following pages and watch one of our introductory webinars, where we address many of the most common questions about our training program.



If you've read this booklet and watched one of our introductory webinars, but still have questions or doubts, email us at welcome@naturecoaching.net, and we'll be happy to help!

Before contacting us, however, I invite you to carefully read this presentation in its entirety, especially the "Frequently Asked Questions" page, because you may already find some answers there.



TERMS & CONDITIONS

ENROLLMENT FEE

ECOSOMATIC COACHING TRAINING:

- Enrollment with full advance payment: 3.850€ (VAT incl.)
- Enrollment with instalments plan (5 installments): 4.450€ (VAT incl.)
- **IMPORTANT:** *Before enrolling and paying your fee, you need to schedule a preliminary interview with one of our instructors*, to get to know each other and determine your motivation and purpose to attend one of our courses (we want to make sure that what we offer is what you're looking for). If you have not taken the interview yet, please email our Community Manager at welcome@naturecoaching.net to schedule the interview as soon as possible.

[CLICK HERE AND ENROLL](#)

PAYMENTS

PAYMENT:

Bank Account owner: Diana Tedoldi

Iban: IT 96T 05018 11100 0000 1721 7910

Account nr: 1721 7910 CAB: 11100 ABI: 05018

BIC/SWIFT: ETICIT22XXX

BANK NAME: Banca popolare Etica società cooperativa per azioni. Sede legale:
Via Niccolò Tommaseo 7, 35131 – Padova (PD), Italy

IMPORTANT:

In the absence of payment of the participation fee, the will to register cannot be considered, and the enrollment will not be confirmed.

Once paid, send proof of payment immediately to welcome@naturecoaching.net to secure your spot and receive pre-work immediately. You will then receive the invoice.

POLICIES ON DEI, SPECIAL NEEDS, ETHICS, GRIEVANCE, WITHDRAWALS AND REFUND

REFUND POLICY:

Cancellation of a course must be made a minimum of 30 business days prior to the course to be eligible for a full refund. Cancellations made less than 29 days before the course are not eligible for a refund. Written notice of cancellation shall be effective on the date The Nature Coaching Academy receives the withdrawal. Refunds will be made within 10 days after cancellation or withdrawal requests are received.

If we cancel the course for exceptional and unforeseeable reasons, we'll return 100% of the amount you paid (minus 100€ V.A.T. incl. for back-office activities).

If it is impossible to carry out specific in-person modules or workshops (for ex.: health and sanitary emergencies or similar), we'll promptly plan and reschedule a new date. If you cannot participate in the new rescheduled dates, we'll return the proportional share corresponding to the IN-PERSON training we cancelled. In this case, you also lose access to all training materials and the chance to complete the course with the current cohort (and you also lose the opportunity to receive the related diploma). The rest of the credit will be available for you if you decide to register for a new course.

[CLICK HERE AND READ THE TERMS AND CONDITIONS](#)

Participant Enrollment Agreement

[CLICK HERE AND READ OUR POLICIES](#)

PRIVACY POLICY AND PERSONAL DATA PROTECTION

PRIVACY:

- Your personal data is collected and managed by Diana Tedoldi, owner of the commercial brand The Nature Coaching Academy. The data controller is Diana Tedoldi.
- Your data will be used to manage participation in the course and for all related communications, as well as to manage information on the Nature Coaching Academy and its activities.
- At any time, you can request the modification or cancellation of your data by using the links that you will always find at the bottom of the emails you will receive.
- By subscribing, you accept that any photos and videos taken during the LIVE training workshops are used for communication and marketing purposes by the Nature Coaching Academy.

[CLICK HERE AND READ OUR PRIVACY POLICY](#)

TRAINERS,
MENTORS
& TUTORS



TRAINERS & MENTORS

Diana is the trainer of most learning Modules and main mentor, while Silvia takes care of mentoring and feedback during students' coaching demonstration and practice.

DIANA TEDOLDI



Diana is the creator and director of the Ecosomatic Coaching Training program.

Master Degree in Philosophy, professional DanceMovementTherapist, corporate trainer and facilitator, Diana has been working in the corporate field since the year 2000, covering Managing roles in the field of Organisational Development and HR Learning.

Professional Certified Coach member of the [International Coach Federation](#), author, TEDx Speaker ("Letting nature be your coach, for TEDx Aston University, UK, 2021).

C-Level and Executive Coach, Diana works with leaders and change-makers for some of the most world-renowned companies.

Chiara is a Team Leader in an HR training & consulting Company, where she has worked for more than 25 years, covering Managing Roles as corporate trainer, recruiter and consultant.

Professional Certified Coach member of the International Coaching Federation, Ecosomatic Coach and Yoga Teacher, she travels slowly with her dog and tribe on RV exploring how connection with Nature can discover, transform and support people and our planet's life.



CHIARA CATTANEO

Marzia has been a Coach since 2008, PCC (Professional Certified Coach) ICF (International Coach Federation) since 2015 and Voice Dialogue Facilitator since 2013, Mentor Coach and Supervisor since May 2017, ICF Assessor since 2019, Systemic Team Coach since 2021. Marzia defines herself as a person who likes to ask questions that help create greater awareness. She defines herself as a free and responsible spirit.

She has a strong ethical sense of life.

She helps people, companies and communities to rediscover their potential, energy and a better balance.

Her specializations are: *Executive Coaching, Shadow Coaching, Mentor Coaching & Supervision, Voice dialogue, Team Coaching and Systemic Coaching.*

The topics on which she works are mainly: values and talents, leadership style, systemic thinking, motivation, stress and emotion management. She is also specialised in Bioenergetics.

MARZIA IORI



TRAINERS & MENTORS

Diana is the trainer of most learning Modules and main mentor, while Silvia takes care of mentoring and feedback during students' coaching demonstration and practice.

Azzurra is Coaching Program Lead and Shopper Experience Director at The Coca-Cola Company, where she has been working for more than a decade in managing roles.

With a Master's Degree in Economics at Bocconi University in Milan, she works in the corporate environment since 2007.

ICF member, *ACC credential has been requested on Feb 1st, 2023 (coaching session still under revision as of 27th June).*

Trainer and facilitator, dancer and performer, specializing in professional counselling with bioenergetics and gestalt approach. She perceives the Body as an integral part of Nature, hence her philosophy, "Body is Nature" which she explores in her workshops.

**AZZURRA
SPINA**



Chiara is Team Leader and Relationship Manager in one of the leading global WealthTech companies in the financial field, where she has been working for over 15 years.

Professional Counselor since February 2021 and **Associate Certified Coach member of the International Coaching Federation** since November 2022.

Since 2022 she has enriched her background with **Ecosomatic, Forest and Nature Coaching** skills and is actively cooperating with Legambiente and local public administrations to offer to different targets (adults, teenagers, and kids) activities in connection with **Body and Nature** to improve wellness and at the same time offer people an opportunity to learn something about themselves.

Her greatest passion is to live all-encompassing experiences where she can: move outdoors, travel to places that represent the perfect combination of Nature&Culture, and lead a healthy lifestyle where head (thought), heart (emotion), and legs (action) go hand in hand. This is the fullest expression of her most profound identity and her mission: facilitating people's personal growth.



**CHIARA
PASINETTI**



Silvia is a biologist, PhD, scientist and trainer of corporate teams, Silvia has worked for many years as a manager in the Medical Affairs of Multinational Pharma-companies, where she acquired skills in teamwork, leadership and career development.

Associate Certified Coach member of the International Coaching Federation (ICF) and Team-Coach.

Co-Founder of Biomimicry for Business, where she leads workshops on nature's genius applied to leadership and teamwork.

She's also the author of "Leadership Safari – Meet the experts in the African Savannah" and the cards deck "WeBiomimic®" (coaching game) and "Biomentori dei Colli Ruganei", dedicated to learning from natural mentors.

**SILVIA
MIRANDOLA**



TUTORS AND COMMUNITY KEEPERS

Ilaria & Giuseppe are co-designers of our programs, tutors and community keepers.

ILARIA BIANCHINI



Ilaria is a Professional coach with an ACSTH diploma recognized by the International Coach Federation.

Specialized in *Parent Coaching* at the "Humanistic Coaching" school in Rome.

Graduated in Environmental Education Sciences (Bachelor's degree) and then in *Pedagogical Consultancy and Educational Research* (Master's degree) at the University of Bergamo (Italy).

Founder and director of the **systemic-relational training team "Direzione Radianza"**, where she works with children, families and teens integrating coaching with nature adventures and personal growth.



CLAUDIA ANTONELLI

Claudia is a Professional coach with an ACSTH diploma recognized by the International Coach Federation.

Pianist, she graduated in 2010 in piano and in 2012 in piano accompanist at the G.B. Pergolese of Fermo (Italy).

She began to devote herself to teaching music at the age of 18 and since then she has developed many different teaching methodologies and creative approaches to learning.

She's also an Orff specialist and a drum circle facilitator, integrating rhythm and playfulness in her work as a Middle School teacher.

A specialist in learning and education, she feels a special call to empower teens with coaching, dedicating heart and care to this particular niche.



GIUSEPPE PETROSINO



Professional coach with an ACSTH diploma recognized by the International Coach Federation.

Founder of Paradeigma, strategic and sales consulting company, Giuseppe works as a trainer and a coach for individual and organizational development.

With over twenty years of experience in the corporate field, he's covered managing roles in multinational companies, with specific expertise in the healthcare and pharmaceutical field.



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